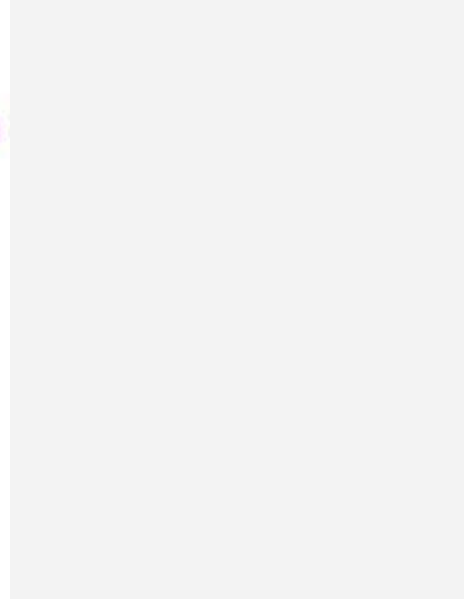
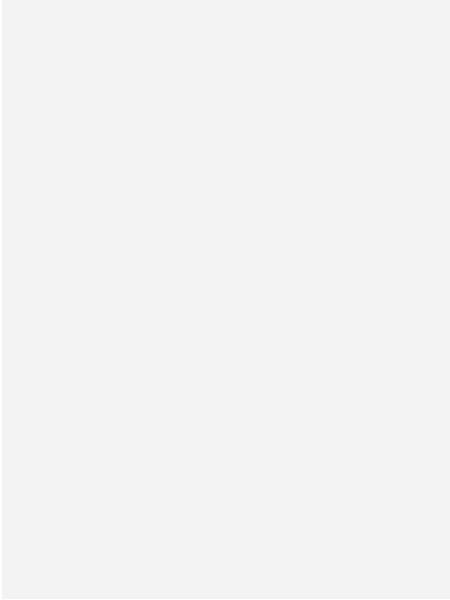


# Preemie newborn knitted gown pattern

Posted by: [Relief Share](#) | Comments (5)



preemie knitted gown

Many times we have requests for patterns that volunteers can use to make items for the sick and needy babies we serve. This pattern is free.

This should fit premature baby to newborn size 7 pounds or less.

4 oz Red Heart Baby Soft Yarn Size 6 needles 2 stitch holders 3 buttons Darning needle

Abbreviations:

K Knit

P Purl

St Stitch

Rib K1, P1, repeat across

Stockinette Stitch k1 row, p1 row

K2tog Knit 2 stitches together

P2tog Purl 2 stitches together

Inc Increase

BO Bind Off

OS Other Side

YO Yarn Over

RS Right Side

WS Wrong Side

NECKBAND

(you may design neckband in many variations: 6 rows of rib; garter or eyelet stitches. I used the eyelet pattern for my neckband for this pictured pattern.)

Cast on 40 sts. Knit 2 rows.

RS- (eyelet row) K3, \*yo, k2tog, repeat from \* to last 3 sts, k3. K 1 row.

Next row

– WS – k8, place marker, k6, place marker, k12, place maker, k6, place marker, k8.

Row 6 – k across row inc 1 st before and after markers.

Row 7 – k4, p across slipping markers, to last 4 sts, K4.

Repeat rows 6 & 7 four times, ending with row 7. There will be 4 purl ridges after the eyelet row

BUTTONHOLE

RS – k2, yo, k2tog, (buttonhole) k across continuing to inc 1 st before and after markers.(place a pin at the end of the row as this will be button placement)

Next row – repeat row 7

Continue pattern of rows 6 & 7 until 120 sts.

DIVIDE FOR SLEEVES AND BODY

(remove markers when you get to them) RS- k18, cast on 4 sts, slip next 26 sts (left sleeve) onto stitch holder, k32 sts (back) cast on 4 sts, slip next 26 sts (right sleeve) onto stitch holder, k18.

Row 1 – k4, p across to last 4 st, k4 (76 st)

Row 2 – k across.

Continue last 2 rows until 9 purl ridges from 1st buttonhole.

RS- k2, yo, k2tog, k across (place a pin at the end of the row as this will be button placement)

Repeat pattern of rows 1 & 2 until 9 purl ridges from 2nd buttonhole.

Make 3rd buttonhole as above. Continue pattern of rows 1 & 2 until 9 purl ridges from 3rd buttonhole.

CONTINUE FOR BODY

Use circular needle.

RS – knit across until last 4 st, (button band) Bind off those 4 st. of button band. Place a marker so that this will be the center by the buttonhole band.

Continue to knit unit desired length. Any where from 11” to 16” from armhole may be good.

K 1 row. P 1 row.

Make the eyelet row of \*YO, K2tog \* repeat pattern from \* K 1 row. P 1 row. Bind off all stitches.

SLEEVES

Using regular straight needles. Pick up stitches from stitch holder. Join yarn. Stockinette stitch (k1 row, p1 row) for 20 rows.

Rib (k1, p1 across) for 6 rows. BO. Sew seam.

Sew buttons onto button band to correspond where buttonholes are from the buttonhole band.

Make a crochet chain approximately 30” to 32” for the drawstring.

Weave through the eyelet stitches at the bottom for a drawstring closure.