

COZY IN CABLES SLEEP SACK



Many thanks to Virginia in WA for testing this pattern.

The decreases on the sleep sack have been changed to match the cap. I will post a different photo once I get a second sleep sack knit.

SIZE:

14 inch circumference by 20 inch length relaxed, 20 by 20 stretched.

MATERIALS:

Worsted weight yarn approximately 5-6 ounces

1/4-1/2 inch wide ribbon about 10 inches.

US size 10.5 (6.5 mm) 16 inch circular knitting needle

US size 10.5 (6.5 mm) double point needles for closed end option

Cable needle or one of the above double point needles

US I (5.5 mm) crochet hook for drawstring option

Tapestry needle

Marker

GAUGE:

Approximately 16 sts = 4 inches

NOTES:

1. Read instructions all the way through before beginning sleep sack.
2. The decreases on the sleep sack have been changed to match the cap. So yours will look slightly different than the one in the photo.
3. Sleep sack in photo was knit with some Red Heart Super Saver, it is a discontinued color, but very close to Aruba Sea.
4. Cap pattern posted [here](#).

SPECIAL STITCHES:

C4B: Slip next 2 sts purl wise to cable needle (or double point needle) and hold to back of work, K2, K2 from cable needle.

INSTRUCTIONS:

Cast on 86 sts using a stretchy cast on.

Row 1: *K2, P2. Repeat from * across. (86 sts)

Row 2: *P2, K2. Repeat from * across. (86 sts)

Repeat rows 1 and 2 for 5 inches, ending with round 2.

Remainder of sleep sack is worked in rounds.

Round 1(RS): Without turning, P2 tog, P to last stitch, P last stitch together with first stitch of round. (84 sts)

Round 2: K2, P2, place marker to denote beginning of round. Marker should be 4 sts left of center. *K4, P2. Repeat from * around to marker. (84 sts)

Switch to cable pattern.

Rounds 3-4: K4, P2. Repeat from * around to marker. (84 sts)

Round 5: *C4B, P2. Repeat from * around to marker. (84 sts)

Rounds 6-8: K4, P2. Repeat from * around to marker. (84 sts)

Repeat rounds 3-8 until sleep sack measures about 17 or 19 inches from cast on edge, depending upon if you want a closed bottom or a open bottom with drawstring.

CLOSED BOTTOM:

Repeat rounds 3-8 until sleep sack is approximately 17 inches from cast on edge. Try to end with round 8.

Begin decreases: Switch to double points when necessary.

Dec Round 1: *K4, P2tog. Repeat from * to marker. (70 sts)

Dec Round 2: *K4, P1. Repeat from * to marker. (70 sts)

Dec Round 3: *place 2 sts on cable needle as if to C4B, K2, K2tog off cable needle. P1. Repeat from * around to marker. (56 sts)

Dec Round 4: *K3, P1. Repeat from * to marker. (56 sts)

Dec Round 5: *K1, K2tog, P1. Repeat from * to marker. (42 sts)

Dec Round 6: *K2tog, P1. Repeat from * to marker. (28 sts)

Dec Round 7: *K2tog. Repeat from * to marker. (14 sts)

Cut yarn, weave end through remaining 14 sts. Draw tight and weave in end.

OPEN BOTTOM WITH DRAWSTRING:

Repeat rounds 2-5 until sleep sack is approximately 19 inches from cast on edge.

Next round: *K8 , yo, K2tog. Repeat from * around. (8 yo)

Next round: Knit.

Next 6 rounds: *K2, P2. Repeat from * around.

Bind off knit wise.

FINISHING:

Weave in any remaining ends.

Pull the ribbon through the ribbing at the join and tie a bow. I like to use a needle and thread to sew a couple stitches through the bow so it doesn't come untied.